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PHOENIX STANDING DESK COMPANY SUPPORTS AETNA WORKSITE WELLNESS PROGRAM

MultiTable to help spread the word about workplace wellness at AETNA's first annual "Wellness Eat & Greet"

PHOENIX, AZ (January 24, 2017) – MultiTable, one of the nation's leading height-adjustable standing desks and ergonomic accessories manufacturers, is supporting the Aetna Worksite Wellness Program today from 11:00 a.m. to 1:00 p.m. PST during the first annual "Wellness Eat & Greet" event to expand the knowledge and benefits of standing desks to the corporate world.

Attendees will have the opportunity to meet and learn from health-conscious vendors presenting a variety of unique products and services that align with health and wellness initiatives many companies today are trying to achieve.

"We are excited for MultiTable to be a part of the first annual 'Wellness Eat & Greet' event," said Carol Frieberg, Aetna Wellness Consultant. "Our goal is to connect quality vendors to corporate offices and employees and to share the resources that we found were prime in the area. MultiTable is the perfect organization to help us educate attendees on both workplace wellness and ergonomic health."

Standing periodically throughout the day has shown to decrease the risk of a multitude of health risks including cancer, cardiovascular disease, and diabetes. MultiTable products enable users to sit and stand while at work, leading to increased productivity, energy, and wellness.

"I look forward to engaging with both the event sponsors and the attendees to learn more about what they are seeking to create a healthier lifestyle," said Hillary Kuenn, Business Development Manager at MultiTable. "My goal is to introduce individuals and corporations to new and unique options for wellness in the workplace and at home. We're helping to spread the word through MultiTable's Standing Desks and accessories as well as through ergonomic information like standing and sitting posture infographics and articles focused on energy, productivity and health."

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MultiTable and AETNA will be giving away one ergonomic Electric Standing Desk combination during the “Wellness Eat and Greet” event. The winner will be drawn and notified shortly after the event.

The prize will include:

- [1 Electric Standing Desk Base in silver \(medium, silver\)](#)
- [1 MultiTable Desk Top \(medium, white\)](#)
- [1 Cable Management Tray \(small\)](#)
- [1 Single Monitor Arm](#)

The “Wellness Eat and Greet” event will take place at the Two Union Square Building in downtown Seattle, Washington.

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About MultiTable

With over 31,000 healthy and happy customers, MultiTable is one of the nation’s leading height adjustable standing desk and ergonomic accessories manufacturers, leading the way modern professionals approach their working lifestyle. MultiTable products are found in Fortune 500 businesses and home offices throughout the world. Every product is designed to empower customers to be more productive by bringing balance between work and healthy living. Learn more at www.MultiTable.com.